



**25.5.24**

**SONKVAL**

**OPEN**

**25<sup>TH</sup> MAY 2024  
STARTS AT 10:00**

**SPORTS CENTER ŘEPY NA CHOBOŤĚ 420/16, PRAHA 6 – ŘEPY**

**DISCIPLINES: TUL, MATSOGI**

THE COMPETITION IS HELD UNDER THE AUSPICES  
OF CZECH TAEKWON-DO FEDERATION

THE COMPETITION IS ORGANIZED WITH FINANCIAL  
SUPPORT OF THE CAPITAL CITY OF PRAGUE AND SUPPORTED BY ATAXON AND HAYASHI



**ČESKÝ SVAZ  
TAEKWON-DO ITF**



# SONKAL OPEN 2024

The competition is organized with the financial support of the Prague City Hall under the auspices of the Czech Taekwon-Do Federation with all the support. The competition is sponsored by Hayashi and Ataxon company.

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Date: **Saturday, 25 May 2024**

Venue: **Sports center Řepy, Na Chobotě 1420/16, Prague 6 – Řepy**

Organizer: **Sonkal z.s.**

Organizer: Czech Taekwon-Do ITF Federation

Tournament director: Vladimír Švanda (+420 774 874 664)

Chairman of umpires: Ondřej Vrábel (+420 777 011 692)

IT service: Mgr. Jakub Geyer (+420 602 407 013)

Application deadline: application must be filled on Monday, 20 May 2024 through portal <https://tkdreg.eu>

Entry fee: **400 CZK** per competitor **in pattern only**  
**500 CZK** per competitor **in pattern + sparring** or **sparring only**  
**800 CZK** per competitor **after deadline**

System of competition:  
**System of groups (league)** is applied for pattern and sparring.  
**Sparring is for blue belts and higher only.**

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## PRELIMINARY SCHEDULE

**Saturday 25/5/2024**

<b>08:00-08:45 hrs.</b>	<b>registration &amp; weigh-in</b>
09:00 hrs.	coach meeting umpire meeting
10:00 hrs.	start of competition younger & older youth pattern and sparring
13:30 hrs.	younger & older junior, adults pattern and sparring
20:00 hrs.	conclusion of competition

## PROPOZICE SOUTĚŽE



**I. Divisions: individuals only**

<b><u>II. Age groups:</u></b>	younger youth male/female	born in 2014 and younger
	older youth male/female	born in between 2011-2013
	younger junior male/female	born in between 2009-2010
	older junior male/female	born in between 2006-2008
	adult male/female	born in 2005 and older

**III. Disciplines and categories:** youth, juniors & adults compete in pattern and sparring

**PATTERN**

categories:

younger youth male	8.+7., 6.+5., 4. gup and higher
younger youth female	8.+7., 6.+5., 4. gup and higher
older youth male	8.+7., 6.+5., 4.+3., 2. gup and higher
older youth female	8.+7., 6.+5., 4.+3., 2. gup a and higher
younger junior male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
younger junior female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
older junior male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
older junior female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
adult male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II. Dan, III.-IV. Dan
adult female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II. Dan, III.-IV. Dan

in groups: 1 designated pattern (Chon-Ji up to pattern for the last exam)

in case of two competitors in category: 1 optional pattern (one of patterns for next exam) and 1 designated pattern (Chon-Ji up to pattern for the last exam)

**SPARRING**

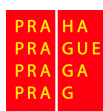
categories:

younger youth male/female	-25, -30, -35, -40, +40 kg
older youth female	-30, -35, -40, -45, -50, -55, +55 kg
older youth male	-35, -40, -45, -50, -55, -60, +60 kg
younger junior female	-40, -45, -50, -55, -60, -65, +65 kg
younger junior male	-45, -50, -55, -60, -65, -70, +70 kg
older junior female	-40, -46, -52, -58, -64, -70, +70 kg
older junior male	-45, -51, -57, -63, -69, -75, +75 kg
adult female	-47, -52, -57, -62, -67, -72, -77, +77 kg
adult male	-52, -58, -64, -71, -78, -85, -92, +92 kg

in groups: match 1 x 2 min. (younger/older youth male/female 2 x 1,5 min.)

in case of two competitors in category: match 2 x 2 min. (younger/older youth male/female 2 x 1,5 min.)

**Sparring is for blue belts and higher only. Compulsary spinning kicks are not required. Length of round is mentioned on „clear“ time.**



#### **IV. Rules:**

Competition follows ITF rules and this info pack.

Gloves with open palms are mandatory for youth age division, 10oz gloves for Juniors and Adults.

**The colour of the protectors is required according to the side on which the competitor enters.**

Year of birth determine competitor's age division, not date of birth!

In case of low number competitors in a category, the categories can be merged.

#### **V. Number of competitors:**

There is no limit for number of competitors per category.

#### **VI. Protest:**

Protest must be filled according to ITF rules in 5 minutes with 500 CZK deposit.

#### **VII. Umpires:**

Each club provides with

**1 umpire in case 3 or less competitors**

**2 umpires in case of 4-10 competitors**

**3 umpires in case of more than 11 competitors.**

Umpires may also compete but the club must provide with required number of umpires for a whole day. 1000 CZK fee per each missing umpire. Umpires are required wear proper clothing by ITF rules.

We provide with lunch as well as pocket money for each umpire.

#### **VIII. Trophies:**

Winner will be awarded with golden, silver or bronze medal. Three the most successful clubs will be awarded with trophy.

#### **IX. Others:**

Member entities of the Czech Taekwon-Do ITF will enter the competitor's ID number in the application form - linking to the federation database for the federation ranking.

All competitors - members of the Czech Taekwon-Do ITF must have a valid medical examination according to the discipline in which they compete based on Directive No. 8. Non-members of the federation shall submit the original reverse, which is part of this info pack.

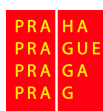
The coach is responsible for familiarizing the participants with the Directive No. 14 of the Czech Taekwon-Do ITF on the fight against doping.

#### **X. Accommodation & food:**

Sport center Řepy can assist with accommodation and food during the competition. In the case of need get in touch with Mr. Boháč [hotel@sc-repy.cz](mailto:hotel@sc-repy.cz) or by phone: +420 725 518 073. in advance.

#### **XI. Extra competition categories:**

The competition is intended for taekwondo players as well as for the general public. In each age group, men and women will compete separately. There will be two competition categories with Blazepods ([www.blazepod.eu](http://www.blazepod.eu)). The top three in each category will receive special medals. Contestants will sign up on site at the time of the competition!



**XII. Our partners:**

The competition is organized with the financial support and under the auspices of the Czech Taekwon-Do Federation - [www.taekwondo.cz](http://www.taekwondo.cz)



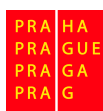
The competition is sponsored by Hayashi – [www.hayashi.cz](http://www.hayashi.cz)



The competition is sponsored by Ataxon company - <http://ataxon.cz>



The competition is organized with the financial support of the Prague City Hall - <http://praha.eu>



# REVERS

**Competition name:** Sonkal Open 2024

**Venue:** Sports Centre Řepy, Na Chobotě 1420/16, Prague 6 - Řepy

**Date:** 25 May 2024

**Name and surname:**

**Birth date:**

I, the undersigned, hereby confirm by my signature that I am participating in the above sports competition at my own risk and danger. I declare that I am mentally and medically fit to participate in this competition and in case of any injury, I will not claim any financial or other compensation or pain and suffering from Sonkal, z.s. I further declare that I have duly read this written consent before signing it and have signed it according to my true, free and serious will. I have affixed my handwritten signature as evidence of my assent to the entire contents of this reversion.

For competitors who are under 18 years of age on the day of the competition, the reverse is signed by their legal guardian.

Date ..... Signature of the participant/legal representative .....

